

Persatuan

DAYBREAK

Newsletter

Newsletter Issue 42 - Sept 2011




For The Welfare Of The Disabled

Disabled Adults & Youths Being Rewarded, Encouraged & Accepted in Kinta

FOR PRIVATE CIRCULATION ONLY

Confidence through Training in the Plant Nursery

 People need meaningful tasks in their lives. Meaningful work allows people to learn to make their own decisions and become contributing members of society. Daybreak's two-year vocational training programme aims to help trainees achieve this, which is fundamentally different from so-called "day-care" activities, where people simply pass the time of day and often have few goals or little perspective.




▲ Saranraj using the shredder machine to make compost.




▲ Nursery man, Gopal teaching Saranraj to balance the wheelbarrow.



▲ Hew Huat Kuan learning how to fertilise the young plant.

 Hew Huat Kuan & Saranraj joined Daybreak after finishing school. After their four-month probation period, both were found to be lacking in reflexive activities, muscle power and confidence. Our Occupational Therapists decided to train them in the nursery to help develop these skills. In the last six months, they were exposed to a variety of nursery skills that made them stronger physically and mentally. Both are now independent and even able to guide the other trainees. A bright future is ahead for them to work in open employment.


Today A Happy, Contented WORKER with a Supportive SUPERVISOR.

 We first met Woon Fan at Persatuan Daybreak in June 2004 when her mother brought her here to join our Vocational Training Programme. She was quick to pick up the various skills taught and was able to express herself well. Soon, she was occasionally given the role to assist new trainees in general cleaning tasks.

Today, she works at a kindergarten in the heart of Ipoh. She is able to work independently in keeping the classrooms, library, kitchen and premises clean. After having worked there for the past 2 years, she has taken on additional roles like helping to prepare drinks for the children and assisting teacher in supervising the children.




▲ Woon Fan, a busy bee each day at her workplace minding her own business each day.....

 She commutes daily using the public bus from her home in Pusing to Ipoh for work. Her half-day work from 8:00 am to 1:30 pm allows her to have personal quality time. She is an avid reader and lately spends time catching up with friends through Facebook.

Ms. Lucia, the principal of the kindergarten is a supportive supervisor. She is attentive to Woon Fan's needs and welfare and has created a supportive working environment for Woon Fan among her co-workers through her kindness and empathy towards a person with special needs.



▲ St. John's Kindergarten, located at Jalan St. John, Ipoh.

 We would like to express our heartfelt thanks and gratefulness to St. John's Kindergarten located in St. John's Church for providing the support to Persatuan Daybreak in creating an opportunity for people with disabilities to fulfil their potential at their work place.

4th National Self-Advocacy Conference 22-24th July 2011

This Article is prepared by 2 of the trainees Chung Heng Seng & Wong Kim Wai who attended the conference.

On 22nd July, 6 trainees from Persatuan Daybreak went to Teluk Intan to attend the National Self-Advocacy Conference together with 2 of our staff and 1 volunteer. On the 1st day we boarded a bus at Medan Kidd bus station to Teluk Intan. About 3pm we were brought to visit Caelygirls factory which manufactures women's clothes. We noticed disabled people working in this factory. After that we walked around Teluk Intan town. We were given the opportunity to become more independent during this visit.



▲ All 66 participants and their supporting friends outside the Caelygirl factory



▲ I love "Menara Condong" yeah!!!

On the 2nd day, Lederonomics led a workshop focusing on 3 objectives which are teamwork, self-confidence and money management. Many activities were conducted to achieve these objectives. That night, a party was held for all participants. Chung Heng Seng was chosen to be the M.C. for the evening. We presented a classical Chinese love song which we had practised singing for 2 weeks.

On the 3rd day, 24th July we were given a chance to express how we had benefited from this conference. The organizer also asked our opinion about a suitable venue for the next conference in 2013, a choice between Sarawak, Kuala Lumpur or Kelantan.



▲ Daybreak team with VIPs at the end of the conference

Thank You for the support



▲ Getting to know Daybreak through the video presentation



▲ Visitors tour the production site.

A group of 42 students and teachers of Pusat Kebajikan Masyarakat, Bentong, Pahang paid a visit to Daybreak on 19 July. They received a pleasant welcome as the students and teachers tour the production site and went through a briefing session and video presentation of Daybreak. The students and teachers ended their tour at the handicraft showroom. Many of them gave their support through making purchases of handicraft items. The group left with souvenirs and fond memories.

Methodist Senior Fellowship of Trinity Methodist Church Petaling Jaya paid a visit on 4 Aug. Comprising mostly senior members, the visitors showed kind support by generously making purchases of handicraft items. They were delighted with the variety of handicraft items available and pleased with the quality of products at Daybreak. All proceeds from the sale of products go towards the running of the centre.



▲ Shoppers gather at the Daybreak handicraft showroom

Emergency evacuation drill at Daybreak



▲ All evacuees safely reach the outdoor assembly point

The 1st Fire Drill of this year was conducted on 2 Aug comprises all personnel of Daybreak as well as personnel from New Horizons. There were about 55 Daybreak staff and trainees as well as 16 staff and pupils from New Horizons involved in the emergency evacuation drill. It was conducted successfully with the staff from both sides being briefed and made aware of their individual responsibility. The drill went on smoothly without a hitch.

How Can You Get Involved?

- * Make a contribution as monetary gifts are tax-deductible
- * Donate in the form of equipment and machineries
- * Shop at Daybreak as all proceeds will be channeled into running of the centre
- * Employ our trainees and when there are vacancies at our centre, we can recruit more trainees

Please ensure that your cheque/money order are made out to **PERSATUAN DAYBREAK.**

Name : _____
Address : _____
Contact number : _____ E-mail : _____
Cheque/money order no and bank: _____

We look forward to your support. Thank you for your kindness and generosity.

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